The award is designed for students up to the age of 21 with excellent academic results to cover the costs of their training and participation in competitions. The value of the award is up to 50,000 Estonian kroons per recipient. The award is sponsored by Nordea Bank.

The trainers and instructors of young athletes, their school, sports clubs and associations and committee members of the Sub-fund of the Spouse of the President of the Republic may submit nominations for the award. The deadline for submission of nominations is 29 October 2010 (including as postmarked).

Nominations must comprise a covering letter with the personal details and a brief life story of the nominee, explaining why they need the grant (including details of the relevant sports programme or a description of their progress and success in their field, plus as detailed a budget as possible), information on the nominee's academic results (copies of grades, certificates et al.), a letter of recommendation and character reference from their school and a letter of recommendation from the nominee's trainer, instructor, sports club or sports association.

All nomination documents should be sent to the Sub-fund of the Spouse of the President of the Republic at the address of the Office of the President of the Republic (A. Weizenbergi 39, Tallinn 15050).

The recipients of the award will be published on the President's website at www.president.ee and the awards will be presented by first lady Evelin Ilves.

Past recipients of the award have been Oliver Kips and Kristina Morozjuk (competitive dance), Erika Kirpu (fencing), Anete Paulus (football), Liina Laasma (athletics), Kristjan Ilves (biathlon and ski-jumping) and Eric Tött (swimming). For further information please contact: Mailis Neppo Director, Cultural Fund of the President of the Republic 631 6202 mailis.neppo@vpk.ee